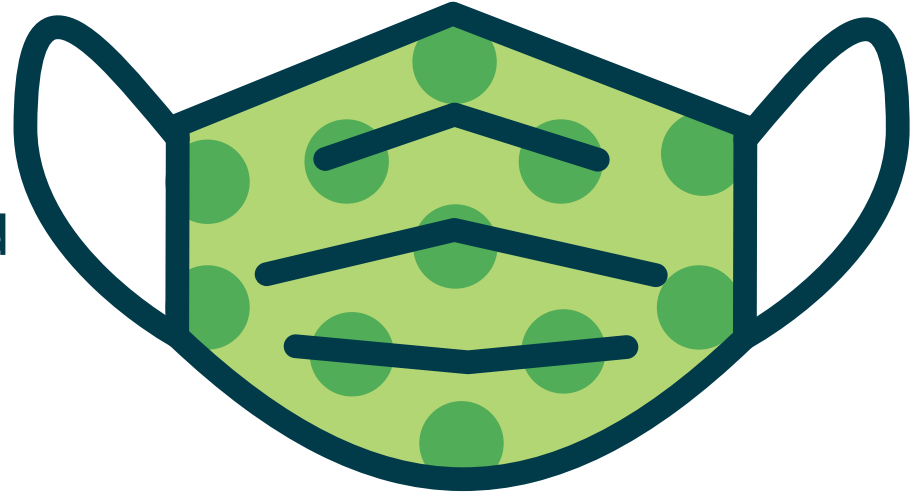


HOW TO SAFELY WEAR A FACE COVERING

Wearing a face covering on public transit, even if you have no symptoms, is a recommended measure that you can take to protect others around you.



- ✔ **Clean your hands before putting it on and taking it off**
- ✔ **Make sure it fits. It should cover your mouth and nose.**
- ✔ **Keep your hands away from your face while wearing a face covering**
- ✔ **Wash your cloth face covering in the laundry**
- ✔ **Continue to stay two metres (six feet) away from others**
- ✔ **Clean surfaces that a dirty face covering touches**

Save the medical-grade masks for health care professionals.

Novel Coronavirus (COVID-19) Info-Line
905-688-8248 press 7, then press 2
Toll-free: **1-888-505-6074**

niagararegion.ca/health

Niagara  **Region**