

For Immediate Release
Thursday, April 19, 2018



ROSE CITY SENIORS FOUNDATION ENHANCES LIVES

The Rose City Seniors Centre Foundation (RCSCF) has invested more than \$89,000 towards facility improvements and recreation equipment for the Welland Community Wellness Complex (WCWC) over the past three years. Since the WCWC opened in 2011, the RCSCF has invested a grand total of \$341,781 in purchases. In order to keep WCWC members active and engaged in programming, the RCSCF has introduced 11 new Aqua Bikes to the Therapeutic pool and brought smiles to many faces with a brand new pool table for the Billiards Room.

“Thanks to the dedication of volunteers, and the direction from the Foundation, the Wellness Complex offers so much more to its members,” said Richard Dalton, Manager of Recreation and Culture. “Among other things, the Foundation has introduced new exercise equipment to the Wellness Complex, and helped create a welcoming facility where people can enjoy a hot meal and socialize.”

“We’ve made significant investments in the Wellness Complex between 2015 and 2017,” said Cheryl Maurice, Chair of the RCSCF. “From t-shirts for our kitchen volunteers to aesthetics at the Bistro, all our purchases have made visiting the Wellness Complex more enjoyable for everyone.”

The Foundation’s Chair says the only sources of income are from a small clothing boutique, the donor wall, and interest from investments. The RCSCF also funds several bursaries to assist post-secondary students who pursue studies toward a career that will benefit seniors. The Foundation researches the needs of senior members at the complex and makes decisions to purchase equipment through a voting system.

Significant purchases from 2015 to 2017 include:

Pool Table	\$7,659
Repairs to Pool Table	\$2,563
2 tables, fridge, Panini Grill, Griddle	\$3,347
Dishwasher, Dish Table	\$17,911
Freezer	\$3,615
Restaurant Range	\$7,689
11 Aqua Bikes	\$24,907
Elliptical Base for the Fitness Room	\$4,520
Aquatic Chair	\$3,237

The Welland Community Wellness Complex is a Wellness Centre for all ages and abilities. For more information on this facility and the programs and services offered visit welland.ca.

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