

# Champions WELLAND LEADING THE WAY

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**FOR IMMEDIATE RELEASE**



## BREAKING DOWN BARRIERS WITH WELLNESS FOR ALL

**Welland, ON** – During the past five years, the City's Recreation and Culture Division has assisted 107 individuals by connecting them to quality recreation through the Wellness For All financial supplement program. The Recreation Division is not solely responsible for linking people to programs and activity. Wellness For All depends considerably on the generosity of the community to keep children, adults, and seniors healthy and active. Presently, the program is in need of sponsorship for children, youth, and adults.

Wellness For All assists in breaking down financial barriers for many residents and introduces them to fun-filled recreational and/or arts programs. Sarah Ane, Community Development/Volunteer Coordinator for The City of Welland understands the importance of creating an inclusive community. "The Wellness For All program is quite often the only avenue for some residents to have access to programs and recreation," said Ane. "Without the program they would be excluded from significant programs that enrich their lives."

The program is lacking funds for the child, youth, and adult levels. Community Development/Volunteer Coordinator Sarah Ane is hoping that community organizations, businesses, or individuals will partner with the City to support community members and break down financial hurdles to a more inclusive Welland. For more information about Wellness For All, or to support the program please contact Sarah Ane at 905 735-1700 Ext. 4012. Also visit the website at [www.welland.ca](http://www.welland.ca).

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