

Welcome

Welcome to the City of Welland Community Wellness Guide, Spring and Summer edition. Keep this guide as a handy reference to programs, services and special events in and around the Welland and Niagara South area. Copies are delivered to your home for your convenience by a local distributor. Extra copies of the guide can be picked up at several City locations or visit welland.ca/Leisure/Guide.asp

Thank you to all the companies and organizations who have supported this guide. If you are interested in advertising in our next issue, please contact us at 905-735-1700 ext. 4006. Deadline to secure your space in the Fall and Winter edition is June 29, 2012 for distribution in August, 2012.

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**CENTRE INSERT – Facilities
bookings@welland.ca**

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Our Cover

“See what we have to offer”
Photos: Staff

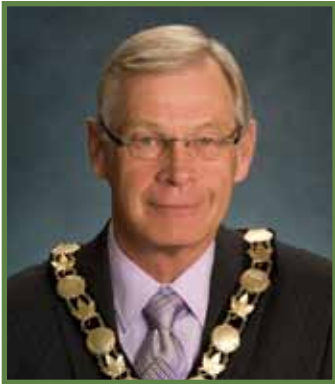
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Greetings



The Corporation of the City of Welland

A Message from the Mayor...



Mayor
Barry Sharpe

On behalf of City Council, I invite you to explore the 2012 Spring and Summer Wellness Guide. These are seasons of renewal and growth and the perfect time to invest in our own health, wellness and personal development. The City of Welland is dedicated to providing a wide range of high quality, accessible recreational opportunities - all outlined within this guide. We encourage our young people and the young at heart to participate in outdoor sports and activities, to take in the arts and cultural events planned, and enjoy the natural beauty and historical sites our City has to offer.

Please take some time and have a look through this Wellness Guide and find the right activity for you and your family. There is something for everyone; we offer a variety of programs for children, adults and seniors, community events, and facility rental opportunities. The options are plenty from walking or biking the trail system and enjoying the scenery along our stunning Recreational Waterway and

Merritt Island. Visit one of our beautiful parks or enjoy Variety Nites in the Theatre on Wednesday evenings in July and August, this is a great way to spend a summer evening.

I would like to extend my sincere appreciation to the many volunteers, community organizations and our staff members who make all these programs so successful. Your dedication, commitment and continued support contribute to a positive quality of life for our residents, and make Welland a truly great place to live, work and play. Have a fantastic spring and summer and enjoy all the City of Welland has to offer!

A Message from the Integrated Services chair...

It is my pleasure once again to extend greetings to you by way of the 2012 Wellness Guide. There are several programs this year for you and your family to stay fit, healthy and active. I welcome you to visit our Wellness Complex, a place for all ages to go. There are programs for seniors, adults, youth, and children. We also have a facility for special events now that we have a state of the art Theatre. Wellness is the key, so in order to stay fit we also developed programs for the therapeutic pool and fitness centre. I encourage the citizens of Welland to take advantage of the excellent programs, services, and facilities outlined in the Spring and Summer 2012 Wellness Guide. I'm confident that you will be pleased with the activities that await you.



Councillor
Pat Chiochio

Greetings



The Corporation of the City of Welland Integrated Services

Welcome to the 2012 Spring & Summer Community Wellness Guide

It is hoped that the information and programs provided in this guide will assist you in participating in a leisure program of your choosing to lead a healthy and happy life style. The programs in this guide encompass the many activities of the various community groups and organizations throughout the municipality including the activities offered directly by the City of Welland.

This edition of the Wellness Guide will feature a special focus on the new Welland Community Wellness Complex as well as the renovations to the Welland Arenas and what these additions and renovations mean with regards to facilities and program offerings.

The Welland Community Wellness Complex has transformed the Rose City Seniors Activity Centre into not only a place for seniors but for all ages of our community. The facility is almost double in size and includes office areas, meeting rooms, a Library, a billiards room, a woodworking room, a 400 seat theatre, a therapeutic pool and hot tub, an exercise room, a multi-purpose activity room, as well as change rooms and new and renovated washrooms. This facility is fully accessible and welcomes people of all ages and abilities.



Bill Fenwick
General Manager

The Welland Arenas received much needed renovations which included new lighting and rink boards in both facilities, new and renovated dressing rooms in the Jack Ballantyne Arena and renovated and expanded dressing rooms in the Welland Arena.

The Welland Arena also received a new sound system and a second floor which includes a Licensed Lounge, a large Community Room, accessible public washrooms, a meeting room and a new elevator. Renovations were also completed on the former Recreation Offices on the main floor to accommodate administrative offices, a community room and meeting rooms for the Welland Minor Hockey Association and an administrative office for the Welland Minor Lacrosse Association.

Both the Welland Community Wellness Complex and the Welland Arenas received two thirds financial assistance from the provincial and federal governments to leverage with our municipal dollars to make these projects possible.

This past year also saw the renovation of the St. George's Pool with the Memorial Pool in the process of being re-constructed. The intent is to phase the reconstruction of the three outdoor pools over a period of time so as not to be a financial burden on any given year.

Since last summer, the City of Welland conducted a re-structuring and the Recreation and Culture Division is now part of Integrated Services which includes Planning, Building, Recreation and Culture and Transit. Parks and Facilities Maintenance was transferred to Infrastructure Services.

The City of Welland has much to offer to meet your leisure pursuits. Our staff, volunteer advisory committees and City Council work hard to provide you the type of experience, whether it is in the arts, culture, recreation or sporting area, that will promote your personal health, wellness and growth.

Please take advantage of these opportunities and have a great Spring/Summer,
stay safe and be active in your community!

City Council



Photo: Thies Bogner Photography

Front row: L-R Pat Chiocchio, Mary Ann Grimaldi, Mark Carl and David McLeod
 Second row: L-R Frank Campion, Mayor Barry Sharpe and Michael Petrachenko
 Third row: L-R Jim Larouche, Rocky Letourneau and Bob Wright
 Back row: L-R Dan Fortier, Tony DiMarco and Paul Grenier

City of Welland “The Municipality of Choice” Customer Service Pledge

To Be...

- Courteous & Respectful
- Confidential in Conducting Business
- Clear and Concise in Communicating
 - Partners in Raising Standards
 - Fair, Just and Prompt
- Committed to Quality Service

WELLAND CITY COUNCIL

Barry Sharpe	Mayor	905-735-1700
Mark Carl	Ward 1	905-736-0462
Mary Ann Grimaldi	Ward 1	905-788-3498
Frank Campion	Ward 2	905-735-1050
David McLeod	Ward 2	905-736-0465
Dan Fortier	Ward 3	905-732-0052
Paul Grenier	Ward 3	905-788-2624
Pat Chiocchio	Ward 4	905-788-3637
Tony DiMarco	Ward 4	905-734-6495
Rocky G. Letourneau	Ward 5	905-735-3408
Michael Petrachenko	Ward 5	905-931-3430
Jim Larouche	Ward 6	905-734-3310
Bob Wright	Ward 6	905-732-4172
George Marshall	Reg'l Rep.	905-734-4851

City Directory

IN CASE OF EMERGENCY DIAL 9-1-1

Community Service Information 211
Fire & Emergency Services .. 905-735-9922
..... fire@welland.ca
Kids Help Phone 1-800-668-6868
Niagara Health System
Welland Hospital Site 905-378-4647
Niagara Regional Patient Transfer Service
..... 905-228-0314
Niagara Regional Police 905-735-7811
Ontario Patient Transfer 1-866-527-9191
Ontario Provincial Police
(OPP) 1-888-310-1122
Poison Information 1-800-268-9017
Road, Sewer & Water Emergencies
.....905-735-1700 ext. 3000
Women's Place 905-788-0113



MUNICIPAL DEPARTMENTS

CITY HALL

Website: www.welland.ca

Switchboard & Reception 905-735-1700
Fax 905-732-1919

- **MAYOR'S OFFICE** Ext. 2101
..... mayor@welland.ca
- **CITY MANAGER'S OFFICE** Ext. 2122
..... citymanager@welland.ca
- **COMMUNICATIONS** Ext. 2280
..... info@welland.ca
- **ECONOMIC DEVELOPMENT**
..... edc@welland.ca
Business Recruitment Ext. 2111

WE Champion WELLNESS

• HUMAN RESOURCES

..... hr@welland.ca
Recruiting • Labour Relations
Benefits and Salary Administration
Health & Safety
Workplace Safety and Insurance Board
..... Ext. 2271

CORPORATE SERVICES

• CLERK'S

..... clerk@welland.ca
Correspondence for Council,
Agendas/Council requests Ext. 2152
Lottery Licensing Ext. 2153
Vital Statistics (deaths/births) Ext. 2154
Marriage Licenses Ext. 2155

• LEGAL

City Solicitor and Law Clerk .. Ext. 2281

• FINANCE

..... finance@welland.ca
Water Inquiries/Water Certificates ... Ext. 2178
Tax Inquiries/Tax Certificates Ext. 2184
Purchasing Ext. 2180
Accounts Payable Ext. 2176
Payroll Ext. 2183
Accounts Receivable Ext. 2181

• **INFORMATION SERVICES** Ext. 2300
..... is@welland.ca

INFRASTRUCTURE SERVICES

• ENGINEERING

General Inquiries 2204 or 2221
Fax 905-735-7184
..... eng@welland.ca

• TRAFFIC/PARKING

Traffic General Inquiries
..... Ext. 2202 or 2212
Fax 905-735-7184
..... traffic@welland.ca

City Directory

INFRASTRUCTURE SERVICES, cont.

Parking Enforcement
..... Ext. 2252 or 2250
Parking Ticket Inquiries Ext. 2155

• BY-LAW ENFORCEMENT

General Inquiries Ext. 2252 or 2250
After Hours Ext. 3000

• PUBLIC WORKS

Municipal Service Centre, 99 Federal Road
Maintenance/Repairs of all Public Services
Snow plowing and sanding operations
Road Repairs
Activity & Information Ext. 3637
General Inquiries Ext. 3000
Fax 905-735-6446

• PARKS

Beautification areas • Forestry/tree
planting & removal on City boulevards
..... Ext. 2317

Flower beds • Cemeteries • Outdoor Rinks
..... Ext. 2319

INTEGRATED SERVICES

• PLANNING

General Inquiries Ext. 2251 or 2257
Fax 905-735-8772
..... devserv@welland.ca
Committee of Adjustment Ext. 2258

• BUILDING

General Inquiries Ext. 2251 or 2257

• TRANSIT

75 Federal Road
General Inquiries Ext. 3101
Fax 905-732-9422
..... transit@welland.ca
WELLTRANS (formerly HandiTrans)
..... Ext. 3102
Transcab Information Ext. 3101
Bookings 905-735-4500
Terminal (Out of Town Information)
..... 905-732-5500

INTEGRATED SERVICES, cont.

• RECREATION & CULTURE

Welland Community Wellness Complex
145 Lincoln Street
..... Ext. 4000
Fax 905-732-6187
..... recreation@welland.ca

View the pages of this Guide for all your
Recreation & Culture needs

Facility Rentals

..... Ext. 4000
..... bookings@welland.ca
Arena Ice • Ball Diamonds • Special Events
Community Centres • Farmers' Market
Park Pavilions

Youth Innovations, Seaway Mall

..... 905-735-9009

OTHER

**NORTH WELLAND IMPROVEMENT AREA
BOARD OF MANAGEMENT ... 905-732-7655**

**WELLAND DOWNTOWN IMPROVEMENT
AREA BOARD OF MANAGEMENT
..... 905-734-2057**

**WELLAND HYDRO-ELECTRIC SYSTEM
CORP 905-732-1381
Fax 905-732-0123**

WELLAND PUBLIC LIBRARY
50 The Boardwalk 905-734-6210
Information & Programs ext. 2521
Renewals &
General Inquiries..... ext. 2520
Fax 905-734-8955
info@welland.library.on.ca

**WELLAND RECREATIONAL CANAL CORP
..... 905-735-1700 Ext. 2311**

Switchboard & Reception
905-735-1700
Extensions noted under each Division

WE Champion WELLNESS

Commonly Called Numbers

Accessibility Information

905-685-4225 or
1-800-263-7215 ext. 3252

Affordable Housing Applications and General Inquiries

Niagara Regional Housing (NRH)
905-682-9201

Career Opportunities

myHR Employee Services
905-685-6947

Children's Services

Child Care Centres

St. Catharines 905-684-9927
Welland 905-735-2665
Port Colborne 905-835-2394
Niagara Falls 905-356-7677
Fort Erie 905-871-7706

Licensed Regional Home Child Care

905-984-3750 or
1-800-263-7215 ext. 3897

Child Care and Special Needs

905-984-3750 or
1-800-263-7215 ext. 3897

Recreation/Cultural Activities (ProKids)

905-984-3750 or
1-800-263-7215 ext. 3897

Development Services

905-685-4225 or
1-800-263-7215 ext. 3731
• review of Planning Act Development applications, connections to Regional services, private sewage system permits

Economic Development

905-685-1308

Freedom of Information Requests

905-685-4225 ext. 3741 or ext. 3273

Niagara Region Transit

905-685-4225 or 1-800-263-7215
ext. 3550

Niagara Specialized Transit

905-680-2052 or 1-866-487-7765
ext. 231 or 244
Teletypewriter for hearing impaired
(TTY) 905-984-3613 or 1-866-913-3444

Provincial Offences Courts Administration

St. Catharines 905-687-6590 or
1-866-278-8303

Niagara Falls 905-371-8988 or
1-866-278-8303

Welland 905-734-6387
Collections Office 1-800-756-9477

Fort Erie 1-866-278-8303

Public Health

Thorold (Main Office) 905-688-3762
or 1-800-263-7248

Niagara Falls 905-356-1538

Welland 905-735-5697

Fort Erie 905-871-6513

Sexual Health Centres

St. Catharines 905-688-3817 or
1-800-263-5757

Niagara Falls 905-358-3636

Welland 905-734-1014

Fort Erie 905-871-5320

The Health Connection Line

905-688-8248 or 1-888-505-6074

Beach Hotline ext. 7789

Dental Health Line ext. 7399

Immunization Reporting ext. 7459

Parent Talk Info Line ext. 7555

Tobacco Hotline ext. 7393

Travel Health Niagara ext. 7383

Seniors Services

Seniors Community Programs
905-984-2621

Long-Term Care Homes

905-984-6900 ext. 3806
• information on the Region's
long-term care homes

Community Care Access Centre (CCAC)

905-684-9441
• admission to long-term care homes

Social Assistance

General Applications and Inquiries
905-641-9230 or 1-866-627-1110

St. Catharines 905-641-9960

Niagara Falls/Fort Erie 905-354-3561

Welland/Port Colborne 905-734-7975

Transportation Services

24-Hour Dispatch 905-984-3690 or
1-877-552-5579

- report problems with Regional traffic signals and signs, roads, catch basins, dead animal removal, graffiti on Regional property

- report fallen trees or tree limbs and general tree maintenance

Waste Management Info-Line

905-356-4141 or
1-800-594-5542

- garbage collection, Blue/Grey Box recycling, Green Bin, leaf and yard waste, landfills, household hazardous waste, environment days

Water and Wastewater Info-Line

905-984-3624

- disposal of RV septic waste, industrial sewer use, sewage hauler questions, plant and pump station complaints (noise or odour), water taste or odour concerns, plant tours, spills to sewers

Other Inquiries

905-685-1571 or 1-800-263-7215

After Hours 905-984-3690 or
1-877-552-5579

Teletypewriter for hearing impaired
(TTY) 905-984-3613 or
1-866-913-3444

info@niagararegion.ca

Office Hours

Monday to Friday
8:30 a.m. to 4:30 p.m.

January 2012

Why purchase a **Wellness Pass** at the Welland Community Wellness Complex?

We have more than **60** programs and **30** Drop-in activities!

Also, your Wellness Pass allows you to spend weekends with us. Every Saturday and Sunday we have open activities available to our pass holders. Plenty of free time to leisure around the Wellness Complex and enjoy....

Our Volunteers will be pleased to assist you with your choice of Activity.

Billiards

Darts

Library

Puzzles

Shuffleboard

Computer Lab

Pickle Ball

Table Tennis

Card Games

Giant Chess

Wii

Board Games

Movies



Come into the Complex

Saturday 8 AM to 6 PM Sunday 11 AM to 6 PM

REGISTRATION INFORMATION

WELLNESS PASS



145 Lincoln St. E. 905-735-1700 ext. 4000

The Benefits of your Wellness Pass

- FREE access to drop-in programs
- Volunteer opportunities
- Access to registration programs
- Access to food services
- Discount pricing on ticketed events
- E-newsletters
- Future on-line program registration
- Access to health clinics and wellness seminars
- Free Parking

Annual Fees

Age Group	Resident	Non-resident
Children (14 & Under)	No charge with Parent/ Guardian Pass	
Youth (15-18)	\$5	\$6
Adult (19-49)	\$25	\$30
Senior (50+)	\$25	\$30

Includes HST

The Wellness Pass is valid for one year from date of purchase. Pass is "Non-Refundable/ Non-Transferrable". Fees are subject to an annual review.

HOW DO I REGISTER?

Complete the Registration Form found on page 12 (photocopies accepted).

Additional forms are available at the Recreation & Culture Administration Office, located at the Welland Community Wellness Complex, 145 Lincoln St. Welland OR

www.welland.ca/Leisure/registration.pdf

Register early as our programs often fill quickly. Ensure that all information on the form is accurate including date of birth, address, a home, cell and business telephone numbers and email address.

NOTE: Registration fees include taxes where applicable (exception: Punch Card Passes)

INCLUSIVE PARTICIPATION?

Our Division responds to the needs identified by the Welland community. Every effort is made to include individuals with disabilities in our programs. If you, or your child have a disability and require additional support or instructor awareness, please note this information on the registration form.

LEISURE BUDDY

If you or a member of your family require assistance while participating in a program please call 905-735-1700 ext. 4000 to be paired with a Leisure Buddy Volunteer.



IN-PERSON

beginning February 25

Recreation & Culture
Administration Office at the
Welland Community Wellness
Complex,
145 Lincoln Street

Office hours are:

Monday to Friday 8 am to 10 pm
Saturday 8 am to 6 pm
Sunday 11 am to 6 pm

A valid **Wellness Pass** is required to access Recreation & Culture programs within the Wellness Complex. If your pass expires before the end of the program you must renew at time of registration.

DO I NEED TO ATTACH SEPARATE CHEQUES?

YES, when you Mail-in your registration use one cheque per course per participant. Otherwise, if one of your requested course(s) is filled, we cannot process your payment. Our goal is to accommodate all participants into their choice of program.

HOW CAN I PAY?

Cash or debit card is accepted for in-person registrations only. Attach a cheque when mailing your form. Post dated cheques will not be accepted (with the exception of Summer Camp). There is a \$35.00 fee for NSF cheques. We accept VISA, MC, American Express and debit payments! Complete the appropriate information on the registration form and you can even fax your form to us.

“WELLNESS FOR ALL”

The City of Welland offers fee assistance for Division supported programs. The “fund” assists Welland families experiencing financial difficulties to participate in recreation programs. See page 13 of this guide for further details.

WHEN CAN I REGISTER?

Beginning Saturday February 25th you may register for Spring and Summer programs.

WAITLIST

If a program is full, you may request to be added to the waitlist. You will be contacted if a spot becomes available.

“FEDERAL CHILD FITNESS TAX CREDIT”

The federal government has created a Children’s Fitness Tax Credit to cover eligible fees up to \$500 for enrolment in a physical activity program. More info: <http://www.cra-arc.gc.ca/fitness/>

“ONTARIO CHILDREN’S ACTIVITY TAX CREDIT”

If you have children, you can claim up to \$500 in eligible expenses for activities. For more information on eligible activities visit: www.rev.gov.on.ca/en/credit/catc/index.html

WHY DO CLASSES GET CANCELLED?

The Division may cancel, postpone or combine any program that fails to meet the minimum registration numbers up to five business days prior to course start date. Therefore, it is important for you to have your registration in early. If a program has been cancelled, you will be notified by telephone. If we can not accommodate you in another class (based on availability), we will either credit your account or issue a full refund.

INCLEMENT WEATHER

Every effort will be made to reschedule program dates which are cancelled due to situations beyond our control i.e. weather, instructor absence, power outage, etc.



MAIL

City of Welland,
Recreation & Culture Division
Welland Community Wellness
Complex
145 Lincoln Street
Welland, L3B 6E1

Include your cheque made payable to the “City of Welland” or credit card information. Do not mail cash. Mark your envelope with “Registration”.



FAX

905-732-6187
(credit card only)



TELEPHONE

905-735-1700 ext. 4000
(credit card only)

PROGRAM CHANGES?

We reserve the right to cancel or alter any class time, fee, instructor or location if required. Every effort will be made to avoid these changes or to reschedule cancelled classes.

CAN I GET A CREDIT OR REFUND?

A full credit or refund will be granted if an activity is cancelled by the Division. Otherwise, requests for credits or refunds must be called into the office during the first half of the classes. Your credit or refund will be prorated by the number of classes passed. (Exception: Summer Camp - see page 33 for details). Credits under \$10.00 will be kept on your account for use in future registrations. All refund requests will be subject to an administration fee. Programs are non-transferrable. Please allow 3 weeks for processing and mailing of your cheque.

WHO IS CONSIDERED A WELLAND RESIDENT?

You are a resident if your property tax form indicates your home to be located in Welland. The fee for non-resident will be listed on each program.



SMILE...YOU'RE ON CAMERA!

Picture this...we have several friendly staff photographers who visit our programs and events looking for a picture perfect you. The photos are used in our Community Wellness Guide and any promotional materials. So keep smiling! If you object to having a picture printed, please let our photographers know.

**CITY OF WELLAND
RECREATION & CULTURE DIVISION**

REGISTRATION FORM

→ VALID WELLNESS PASS REQUIRED WHEN REGISTERING FOR PROGRAMS ←

Children (14 & Under) No charge with Parent/ Guardian Wellness Pass →	Youth (15-18) Resident \$5 Non-resident \$6	Adult (19-49) Resident \$25 Non-resident \$30	Senior (50+) Resident \$25 Non-resident \$30
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PLEASE PRINT

PARTICIPANT LAST NAME	FIRST NAME
------------------------------	------------

ADDRESS

CITY/TOWN	POSTAL CODE
-----------	-------------

HOME PHONE	BUSINESS PHONE	E-MAIL
------------	----------------	--------

HEALTH INFORMATION / SUPPORT REQUIREMENTS: None

AGE	DATE OF BIRTH MONTH DAY YEAR	Male <input type="checkbox"/> Female <input type="checkbox"/>
-----	---	---

PARENT/GUARDIAN **FULL** NAME IF PARTICIPANT UNDER 18 YRS
 LAST NAME _____ FIRST NAME _____
 ADDRESS: Same as participant YES NO
 If no, _____

See program pages for fees **NOTE: Registration fees include taxes where applicable (exception: Punch Card Passes)**

SWIM REGISTRATION: check one (Wellness Pass not required for Swim Lessons)
Maple Park A B C D **St. George** E F G H **Memorial Park** I J K L

PROGRAM/LESSON NAME	DAY	TIME	SESSION	FEE
1st CHOICE				
2nd CHOICE				

CHEQUE PAYABLE TO:
 "CITY OF WELLAND" Recreation & Culture Division
 Welland Community Wellness Complex 145 Lincoln Street, Welland, ON L3B 6E1

Welland Community Wellness Complex
CURRENT WELLNESS PASS
 YES NO
 RENEWAL MONTH _____

PAYMENT OPTIONS

Date _____	PROGRAM FEE _____
AmExp <input type="checkbox"/> MC <input type="checkbox"/> VISA <input type="checkbox"/>	WELLNESS PASS FEE _____
DEBIT <input type="checkbox"/> *CHEQUE <input type="checkbox"/> CASH <input type="checkbox"/>	TOTAL FEE _____
Card # _____	Cardholder Signature _____
Exp. _____	
*Note: \$35.00 fee for N.S.F. cheques	

WELLNESS FOR ALL

A Financial Assistance Program

What is "Wellness For All"

The "Wellness For All" program is designed to assist those with limited financial resources, to participate in programs offered by the Recreation & Culture Division. Program registration fees and Wellness Pass are shared equally between:

1. participant
2. program sponsor (see list below)
3. Recreation & Culture Division

Who can apply?

Any resident of Welland can apply to take part in any program offered by the City of Welland, Recreation & Culture Division.

How do I apply?

To process your application and program registration form call our Recreation & Culture Division office at 905-735-1700 Ext. 4000 and set up an appointment.

JumpStart

Are you looking for financial assistance for children aged 4 to 18 to get involved in community or school based sport and recreation programs?

Applications/Information: **Hope Centre 905-788-0744**

Grant periods: Fall/Winter Jul 1 - Nov 1
 Spring/Summer Jan 1 - Jun 1

Grants cannot be used in conjunction with other subsidy programs.
Sponsored by: Canadian Tire Jumpstart Charities

PLAYSPACE DEVELOPMENT PROGRAM

School Boards and Parent Advisory Committees are invited to join in partnership with the City of Welland to create new playspace opportunities for children and youth at local schools.

The City of Welland will contribute one-third funding of the playspace development project to a maximum of \$10,000.00 pending budget approval.

Applications to be considered for 2013 must be received by the Recreation & Culture Division no later than **September 28, 2012. 905-735-1700 x 4000**

WE Champion WELLNESS

When do I apply?

The program is open year-round, provided that sponsor funds remain available.

How often can I apply?

Applications are completed each season: Fall, Winter, Spring and Summer. Funding is limited to one program per person per program session. The application form is completed in strict confidence.

Recent Program Sponsors

United Way of South Niagara
Osprey Media Niagara Publishing Group
Welland Optimist Club • Club Richelieu
Rose City Seniors Foundation Board
Rotary Club of Welland

If you are a Business or Organization that supports community programming and would like to Sponsor the Wellness for All program please call 905-735-1700 ext. 4000

Are you Interested In Subsidized Recreation Programs for your Children?

If you are a parent on Social Assistance (Ontario Works or ODSP), subsidized childcare, or reside in Niagara Regional Housing with children ages 0-18 and are living in the Niagara Region the National Child Benefit Subsidized Recreation Program can assist with covering the cost of recreation/cultural programs for your children.

This program is being delivered in the community through **PRO Kids** (Providing Recreation Opportunities for Kids).

Please Contact
905-984-3750

To find out whether your family is eligible for this program

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