

AT THE MARKET

Demonstration Kitchen Programs

****All Materials Supplied****

Create, Make & Bake

(Ages 12 - 15 years) A unique program where your child will learn how to host a dinner party. Lessons in nutritional meal planning, shopping, preparation and decorating for some very special guests will be the focus of this program. On the last week of the program each participant will be encouraged to invite a special guest of their choice to the dinner party.

Mar 19 - May 14 (8 classes)
Mondays 6:00 PM - 7:30 PM
No Class: Apr 9
Fee: \$97.00 \$102.00 Non-Resident

Jun 25 - Aug 27 (8 classes)
No Class: Jul 2 & Aug 6
Fee: \$97.00 \$102.00 Non-Resident

Crazy Cupcakes

(Ages 6 - 10 years) Participants will learn how to bake, frost and decorate cupcakes with an assortment of colourful sprinkles and icing and then take their creations home. Each week will have a different theme and different flavor of cake! A cupcake party will take place on the last day of each session where each participant can bring a special guest.

Mar 20 - May 8 (8 classes)
Tuesday 6:00 PM - 7:00 PM
Fee: \$61.00 \$66.00 Non-Resident

Jun 26 - Aug 14 (8 classes)
Tuesday 6:00 PM - 7:00 PM
Fee: \$61.00 \$66.00 Non-Resident

Basket Weaving

(Ages 18 years & up) Learn how to make your very own basket that you can use afterwards! With the fine hand woven-technique, your basket will be sturdy and strong. Make them for yourself, friends or family members.

Mar 22 - May 10 (8 classes)
Thursday 5:00 PM - 7:00 PM
Fee: \$98.00 \$103.00 Non-Resident

Jun 28 - Aug 16 (8 classes)
Thursday 5:00 PM - 7:00 PM
Fee: \$98.00 \$103.00 Non-Resident

Survival in the Kitchen

(Ages 10 - 15 years) Learn your way around the kitchen and how to prepare simple meals to create at home! This class will help children and youth learn the basics of cooking and how to make meals yourself before your parents get home! Safety will also be emphasized when dealing with large appliances. Come and try something new!

Mar 25 - May 27 (8 classes)
Sunday 1:00 PM - 2:00 PM
No Class: Apr 8 & May 20
Fee: \$61.00 \$66.00 Non-Resident

Jul 8 - Aug 26 (8 classes)
Sunday 1:00 PM - 2:00 PM
Fee: \$61.00 \$66.00 Non-Resident

Little Chefs

(Ages 6 - 10 years) Make it and taste it classes for boys and girls featuring healthy, fun and easy recipes. Each Sunday participants will be instructed on healthy eating, healthy lifestyles and hands on cooking fun! Weekly themes include Mexican Fiesta, Taste of Italy and Fruit and Veggie Tales. There is a Little Chef in everyone!

Mar 25 - May 27 (8 classes)
Sunday 2:30 PM - 4:00 PM
No Class: Apr 8 & May 20
Fee: \$73.00 \$79.00 Non-Resident

Jul 8 - Aug 26 (8 classes)
Sunday 2:30 PM - 4:00 PM
Fee: \$73.00 \$79.00 Non-Resident

City of Welland Farmers' Market

A Downtown Tradition

Saturdays

- Year round - 6 am to 12 noon
- Inside & outside market stalls
- Enjoy a hot breakfast *no pets please

General Inquiries:

Recreation & Culture Division

905-735-1700 ext. 4000

FUN for All Ages!